

The C.G. Jung Association of Central Ohio is pleased to present



*Seasons of a Woman's Life:  
Feminine Archetypes to Guide the Journey*

**Presenter: Kathy Cleveland Bull**

**9 am – 1:15 pm, Saturday, July 25, 2015**

**The Depot, 921 Old Henderson Rd, Columbus, OH 43220**

9:00 am

Registration, coffee & light refreshments

9:15 am – 1:15 pm

Workshop

Carl Jung said, "We all walk in shoes too small for us." If this is true, then there is no better time than now for a woman to live a more expansive and considered life. What are common themes and motifs for a woman's journey through the first and second half of life? How do they change at various stages? What questions are now seeping into her psyche?

Looking at feminine archetypes from fairytales and mythology, we seek to find a pathway for our emerging self. We will look for guidance and an inner road map from the work of Jean Shinoda Bolen who has written extensively on archetypes in women as well as from the field of depth psychology, particularly the work of James Hollis, and our own inner wisdom guides.

We will consider questions such as:

- By whose authority am I living my life?
- Where am I still asking permission? From whom? To do what?
- What talents, gifts, interests and passions have remained dormant due to the obligations of the first half of life?
- What new life wants to emerge through me? How can I encourage its expression?
- What habits and behavioral patterns diminish me as I seek a more expansive life?

We invite people of all ages to participate in a deep, inspiring conversation.

**Kathy Cleveland Bull** is a highly-regarded speaker, workshop leader, author and coach. In 2014, she opened The Center for Eating Psychology, where she helps clients heal their relationship with food, body and soul.

Kathy founded and serves as president for N-Compass Consulting, a speaking and consulting firm helping clients "navigate the art and science of change." She has spoken on four continents to over 250,000 people.

Kathy holds an M.Ed. in Counseling and an M.Ed. in College Student Development from Bowling Green State University. She is also a certified Eating Psychology Coach and a JACO board member.



**Fee:** Members \$40, non-members \$45.

**Pre-registration** required by July 18. Subtract early registration discount of \$5 with payment by July 18. **Limit of 30 participants (minimum of 10).**

**CEUs:** Four (4) CEUs and OPA/MCEs are available for counselors, social workers and psychologists. \$10 fee for Non-Members; No CEU fee for JACO Members

Registration and payment may be done by phone with credit card (614.291.8050) or at our website ([www.JungCentralOhio.org](http://www.JungCentralOhio.org)).

By mail, make check payable to JACO and send to 59 W. 3rd Ave. Columbus, OH 43201

*Watch for a workshop on masculine archetypes in Fall 2015*