

The C. G. Jung Association of Central Ohio (614.291.8050)  
presents



***Transforming the Inner Critic***  
***Presented by John McMullin***

**Date: Saturday, March 26, 2011**  
**Time: 9:30 am – 12:30 pm (registration 9:00 am)**

**Location: First Community Church**  
**1320 Cambridge Blvd. ~ Columbus, OH**

Many people experience the relentless voice of the inner critic, and feel helpless to do anything about it. The inner critic, as a split-off part of ourselves, gets its power by creating shame, fear of belonging, or fear of being empowered. We can end up experiencing a lonely or empty feeling, and feel in conflict with ourselves, with others, and with the larger Self.

In this presentation we will explore how this happens, as well as strategies that will re-integrate the split-off part of ourselves, creating more harmony within, and a greater sense of intimacy with ourselves, the Self, and others. We will explore sacred geometry through active imagination and as an avenue to a more conscious connection with this process in ourselves.

**John McMullin** provides direction for The Holistic Coaching Institute, based at Journeys of Wisdom, where he has been training coaches for over 17 years. John, who is also a very supportive Jung Association member, is an experienced lecturer and maintains a busy private practice with those on their journey of self-discovery. The Jung Association of Central Ohio is pleased and grateful to have him present another workshop for us.

**Fee: Members \$30/\$35, Non Members \$35/\$40 (lower fee by March 19)**

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**Registration Form**

Check enclosed       Please charge my credit card       Member     Non-Member

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_ Total Fee \_\_\_\_\_

Address (w/zip) \_\_\_\_\_ eMail \_\_\_\_\_

Donation to the CG Jung Association of Central Ohio \_\_\_\_\_ (tax-deductible)

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