

The C.G. Jung Association of Central Ohio (614.291.8050)
presents

WHO AM I? Myers-Briggs Introduction
Presenter: Phil Meeks, LISW

Thursdays, March 31 & April 7, 2011
7:00 pm – 8:30 pm
JungHaus ~ 59 W. 3rd Avenue ~ Columbus, OH ~ 43201

N.B. Limit of 10 participants; Registration will close March 17

Carl Jung in his 1923 book "Psychological Types" laid out the theoretical foundation for the now widely used Myers-Briggs personality typology. The Myers-Briggs instrument measures an individual's basic preferences for extroversion vs. introversion, perceiving and analytical functions, and how one prefers to organize and manage life tasks.



This two part workshop is designed for those who have never been typed or would like a refresher in their typology and its multiple uses. The Myers-Briggs Indicator will be provided to each participant and scored in advance of the first session.

Session One will be the developing of each participant's typology. During the exploration of each function participants will have an opportunity to intuit their preferences. A comparison of this data to the results from the Indicator can often lead to a more accurate assessment of one's typology.

Session Two will focus on the use and value of knowing our typology. We will cover the Myers-Briggs dynamics, use in typing others as a guide to relating more successfully, use in improved understanding of relationships, and the value as a psychological tool for growth and development both personally and professionally.

Participants will be encouraged to share how their typology has played out in their life experiences, particularly in relationships.

Phil Meeks, LISW, is a psychotherapist in private practice, past Chair and current member of the Jung Association Board, and certified in Myers-Briggs use by the Association for Psychological Type.

Fee (MBT material fees included): Members: \$35-\$40; Non-Members: \$40-\$45 (lower fee by 3.10)

*******Registration Form*******

Please indicate whether you wish to register for one, the other, or both programs:

Who Am I? Myers-Briggs (reg. closes 3.17) *The Wind Through This Harp* **Both**

Check enclosed Please charge my credit card Member Non-member

Name(s) _____ eMail _____

Address (w/zip) _____ Phone _____

Donation to Jung Association (501c3-- tax deductible) _____ Total included _____

or by Credit Card # _____ exp date _____ zip code _____

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